

Healthy Relationships

Workshop Series

6-PART WORKSHOP SERIES

Learn to recognise and navigate healthier relationships with Stepping Out's FREE six-week program for female survivors of childhood sexual abuse. Guided by specialist counsellors, you'll explore ways to strengthen connections with partners, friends, family, and your community.



2nd of September

Friends



16th of September

Intimate Partners



30th of September

Figures of Authority



14th of October

Parenting



4th of November

Family of Origin



11th of November

Caring Responsibilities



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